

Dr. HASNIA ZIAR

**Abdelhamid Ibn
Badis Üniversitesi**

**Abdelhamid Ibn
Badis University**



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Dr. Hasnia ZIAR has been working in the Department of Food Science at the University of Mostaganem, Algeria since 2007 until present. She received her PhD degree (2015) in the field of Human Nutrition from the University of Mostaganem, Algeria. Dr. ZIAR has extensive research experiences working with beneficial bacteria including lactic acid bacteria and bifidobacteria from human origine. She is highly skilled in the fields of probiotic bacteria and biotechnology. Her research areas are growth and viability of yogurt starter and bifidobateria in honey-sweetened skimmed milk, prebiotics fermented milks, microencapsulation of beneficial bacteria, protective matrix for useful delivery of probiotic bacteria in intestines, cholesterol lowering- activity of probiotic bacteria and exploring the bioavailability of probiotic metabolites as anti-obesity and anti-inflammatory ingredients for human use

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